Problem 51.35 (RHK)

Of the three scalar components of L, one L_z , is quantized. We have to show that the most that can be said about the other two components of L is

$$\sqrt{L_x^2 + L_y^2} = \sqrt{l(l+1) - m_l^2} h$$

We note that these two components are not separately quantized. We have to show that

$$\sqrt{l}\mathbf{h} \le \sqrt{L_x^2 + L_y^2} \le \sqrt{l(l+1)}\mathbf{h} \ .$$

Solution:

In quantum mechanics it is shown that $LL = L_x^2 + L_y^2 + L_z^2$ and one of the components, say, L_z can be simultaneously measured and that their values are given by

$$LL = L_x^2 + L_y^2 + L_z^2 = l(l+1)h^2, \ l = 0, 1, 2, 3..$$

and for a given value of l the allowed values of L_z are m_l h, $m_l = l, l-1, l-2, ..., 0, 1, ..., -l+1, -l$.

Combining these two results, we note that what can be said about $L_x^2 + L_y^2$ is that as

$$L_x^2 + L_y^2 = L L - L_z^2,$$

its values can be

$$L_x^2 + L_y^2 = l(l+1)h^2 - m_l^2h^2,$$

or

$$\sqrt{L_x^2 + L_y^2} = \sqrt{l(l+1)h^2 - m_l^2 h^2} = \sqrt{l(l+1) - m_l^2}h$$

As the maximum value of $|m_l| = l$,

we note that

$$\sqrt{L_x^2 + L_y^2} \ge \sqrt{l(l+1) - l^2} \mathbf{h},$$
or

$$l\mathbf{h} \leq \sqrt{L_x^2 + L_y^2}$$
.

As the least value of $|m_l| = 0$, we note that

$$\sqrt{L_x^2 + L_y^2} \leq \sqrt{l(l+1)}h$$

We thus find that

$$\sqrt{l}\mathbf{h} \leq \sqrt{L_x^2 + L_y^2} \leq \sqrt{l(l+1)}\mathbf{h}.$$